

2019 Primary Care Sports Medicine Course

Friday, May 3 2019

Conference Center at Sheppard Pratt

Session I: Heat Illness	8:00-9:30	Moderator: Kyle Yost, DO
8:00-8:40	The Prevention of Exertional Heat Illness: A Military Perspective	Francis O'Connor, MD
8:40-9:05	Emergency Action/Policies and Procedure for Gold Standard of Care	Marty Sataloff, ATC
9:05-9:30	Treatment of EHS: On the Field, In Transport, and in the Emergency Department	Jaron Santelli, MD
9:30-9:40	Break/Q&A	
Session II: Orthopaedic Updates	9:40-11:15	Moderator: Scott Tarantino, MD
9:40-10:00	Challenging Foot & Ankle Cases in Sport: Evidence Based Treatment & What Not to Miss	Kenneth DeFontes, MD
10:00-10:25	MRI of Foot and Ankle Injuries	Loralie Ma, MD
10:25-10:50	Bone Health: Recurrent Fractures Recommended Evaluation and Treatment	Janet Crane, MD
10:50-11:15	Common Hand Injuries in Sport: Pitfalls to Avoid and Return to Play Considerations	Elizabeth Langhammer, MD
11:15-11:25	Break Q&A	
Breakout Session I		
11:25-12:10	Sports Supplements: What's New, What's Effective, and What's the Risk?	Timothy Boone, MD
11:25-12:10	Blood Flow Restriction Therapy	Matt Bourdeau, DPT
11:25-12:10	The Preparticipation Examination: The Primary Care Provider's Survival Guide	Francis O'Connor, MD
12:10-12:50	Lunch	
Breakout Session II		
12:50-1:35	Female Athlete Triad Update & Management	Lana Dani, MD
12:50-1:35	Acupuncture: Alternate Treatment for Pain	Sara O'Leary L.Ac
12:50-1:35	Utilizing Functional Movement Assessments to Assess Injury Risk and Pave the Road to Prevention	Sarah Hobart, MD Greg Ellis, PT
12:50-1:35	Ultrasound of the foot and Ankle	Tiffany Tsay, MD
Session III: Potpourri	1:45-4:10	Moderator: AJ Detterline, MD
1:45-2:45	Gait Abnormalities in Pediatrics: Orthopaedic or Neurologic?	Claire Shannon, MD
2:45-3:20	Equestrian Medicine: Common Injuries, Equipment Modification and Rehabilitation	Kelly Ryan, DO
3:20-3:45	Pain Management: Beyond Opioids	Kyle Yost, DO
3:45-4:10	The Exercise Prescription & Recommendations for Exercise Testing	Ankit Shah, MD
4:10-4:30	Q&A/Closing Remarks	

